

Course Assignments

1. 12-Step/Reflection Papers (130 pts): Students will attend TWO 12-step meetings; Alcoholics Anonymous, Narcotics Anonymous, Al-a-non, or Nar-a-non support group meetings. After each meeting, students will write a reflection on their experience (maximum of 2 pages). After the 12-step meeting experience, an overall reflection paper will be turned in (both reflection papers and a brief conclusion: maximum 5 pages total). Students will be responsible for locating the place and times of the meetings (several meetings are available via Zoom). Meeting reflections may be turned in to the instructor upon completion or the listed due dates.

Change Project (130 pts): In order to better understand the experiences of clients in recovery, students will choose a personal habit/coping mechanism to change for *a portion of the semester*. Ideally, students will choose something that they will struggle to go without or to implement on a daily basis that they commonly use as a means of relaxing/daily coping and stress relief (e.g. coffee, cigarettes, video games, social media). For the project, students will be required to write a ½-1 page journal entry for each week they participate, and will highlight their emotional and behavioral experiences that coincide with the change process. At the end of the semester, students will write an additional 1-2 page reflection on the experience and how it has impacted their understanding of clients with addictions. *APA style is not required, but students should turn in work consistent with a graduate level of writing and formatting.*

3. Substance Exploration (80 pts): To better understand substances and process addictions, each student will choose one to research and report on. Information will be posted to Discussion Board in Canvas at the end of the semester.

- Topic: MI Evoking
- Readings due: MI Ch. 12-18

April 5th

- Topic: Recovery and Family Impacts
- Readings due: Facing Addiction Ch. 5; Materials on Canvas

April 12th

- Topic: MI Planning
- Readings due: MI Ch. 19-22
- Assignments due: Substance Exploration Materials

April 19th

- Topic: Substance Exploration
- Readings due: Online Activities
- Assignments due: Substance Exploration Discussion

April 26th

- Topic: Prevention and Policies
- Readings due: Facing Addiction Ch. 6
- Assignments due: 12-Step Reflections due by 6:15pm

May 3rd

- Topic: Relapse, Continuing Care, & Advocacy
- Readings due: Materials on Canvas
- Assignment due: Final Change Project Reflections due by 6:15pm

May 10th

- Assignments due: Final on Canvas due by 11:59pm

Course Policies

Submission of Assignments

Attendance Policy:

Non-Attendance Policy

Communication (online):

It is my hope that if you have concerns regarding the course, you will reach out to me to discuss the issue so we may address it. Should you have any concerns about my responsiveness, you are always welcome to contact the chair of the department/director of the school.

Accommodations Due to Disability

More

information on OSA can be found at <https://inside.nku.edu/osa.html>.

Allied Zone

Name/Pronoun

My gender pronouns are she/her, and I prefer to be addressed as Dr. Ripley. I will gladly honor your request to address you by an alternate name and/or your preferred honorific, and use your gender pronouns. Please advise me of these early in the semester so that I may make appropriate changes to my records.

Changes in the Syllabus

Credit Hour Policy Statement

Knowledge and Skill Outcomes:

CACREP 2016 Standards

Standards evaluated in connection with CACREP Key Objective Assessments are in bold.

| Student Learning Outcomes Connected to CACREP 2016 Standards | CACREP ¹ | Class |
|---|---------------------|-------|
|---|---------------------|-------|

| | | | |
|--|----------------|--|---|
| Understand strategies to advocate for persons with mental health issues | 5.C.3.e. | Opinion Papers, Exams | COU 673 COU 600 |
| Characteristics, risk factors, and warning signs of students at risk for mental health and behavioral disorders | 5.G.2.g | Character Worksheets, Opinion Papers | COU 602 COU 620 COU 670 COU 622 COU 621 |
| Recognize signs and symptoms of substance abuse in children and adolescents as well as the signs and symptoms of living in a home where substance use occurs | 5.G.2.i | Exams | COU 621 COU 622 COU 675 |
| Understand skills to critically examine the connections between social, familial, emotional, and behavior problems and academic achievement | 5.G.3.h. | Character Worksheets, Opinion Papers, Exams | COU 602 COU 621 COU 670 |

Other Information